SAMPLE · INVENTED CHILD · SYNTHETIC DATA

FIRST YEAR ALMANAC

Rowan C.

12 Nov 2025 — 11 Nov 2026

About this almanac

> SAMPLE. Rowan C. is an invented child. Every number here comes from a synthetic file generated in the same column format as a Huckleberry CSV export (Type, Start, End, Duration, Start Condition, Start Location, End Condition, Notes). It is not a real export and not a real baby.

Every number in this book comes from the tracker export: 6,101 logged entries, from sleeps and feeds to the firsts written in the notes. Nothing was typed in by hand, and nothing was added that was not logged.

Nights and naps are not labelled separately in the export. Here, a sleep that starts between 6 pm and 6 am, or lasts four hours or more, counts toward a night. Every other sleep counts as a nap.

The year in numbers

342
NIGHTS LOGGED

932
NAPS

2,210
FEEDS

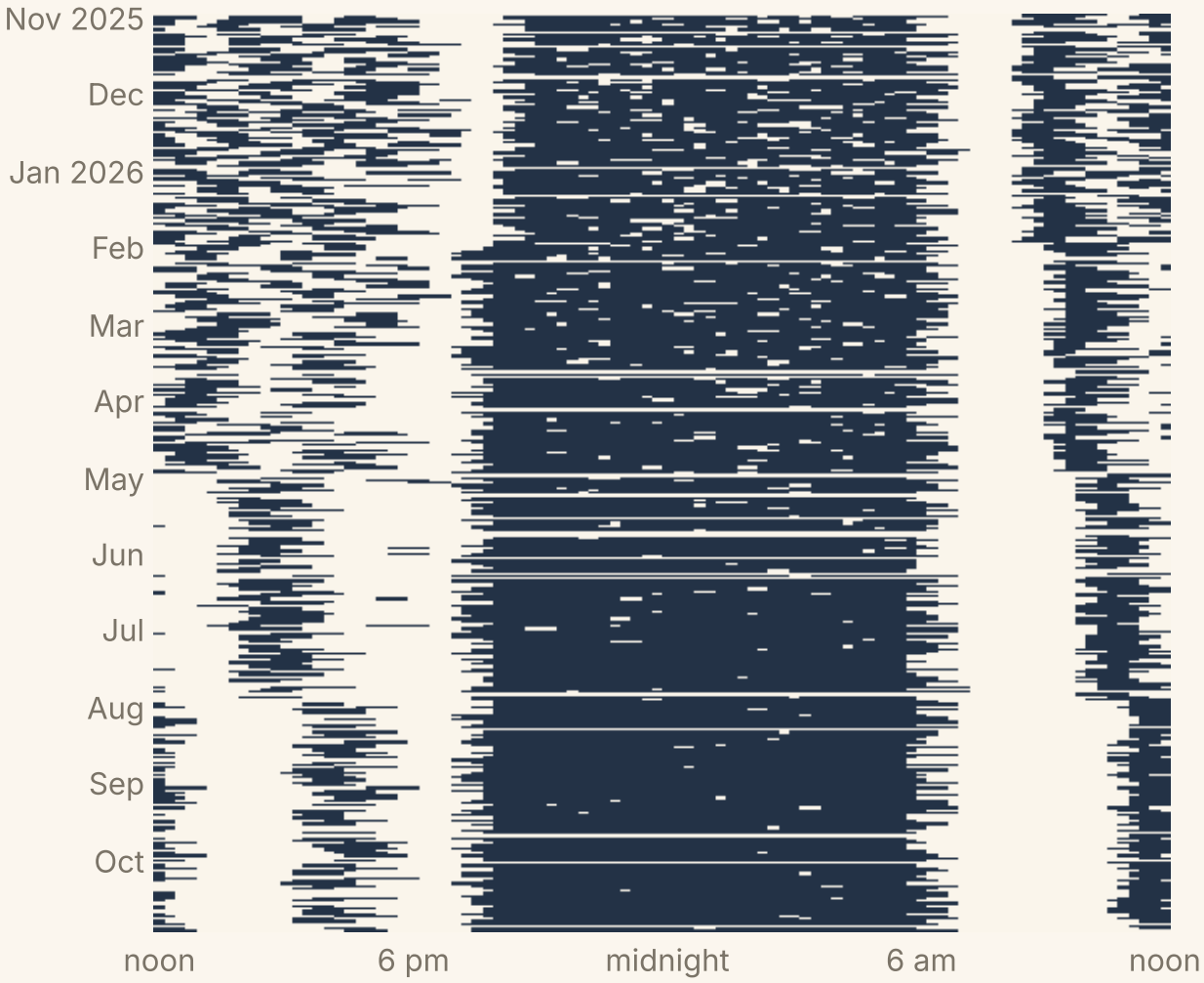
14
FIRSTS NOTED

1,583
DIAPERS

11.7
HOURS, LONGEST SLEEP (19 AUG 2026)

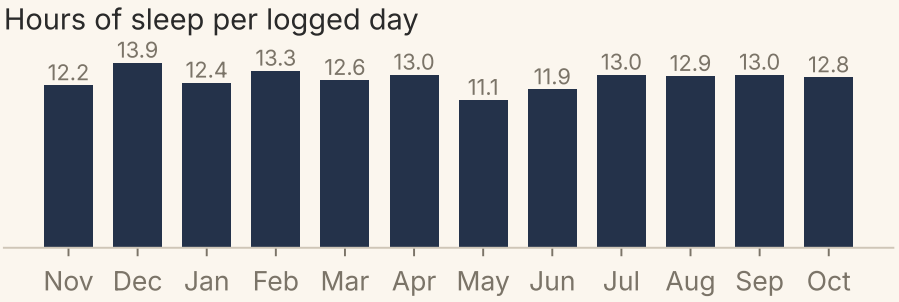
Every sleep of the year

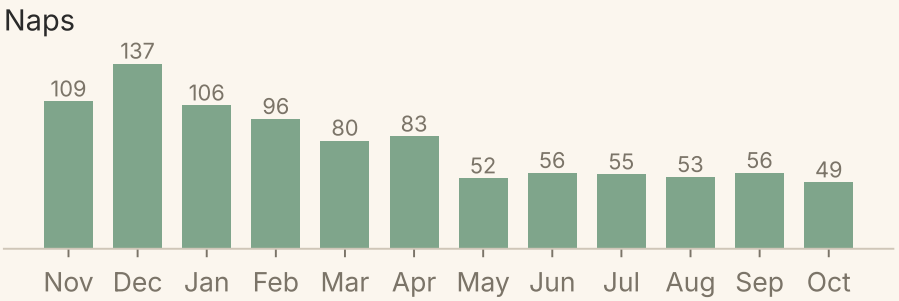
One row per day, noon to noon. Dark is asleep.

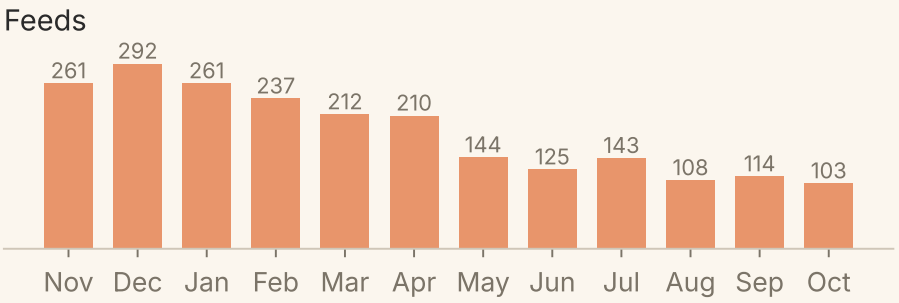


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Month by month

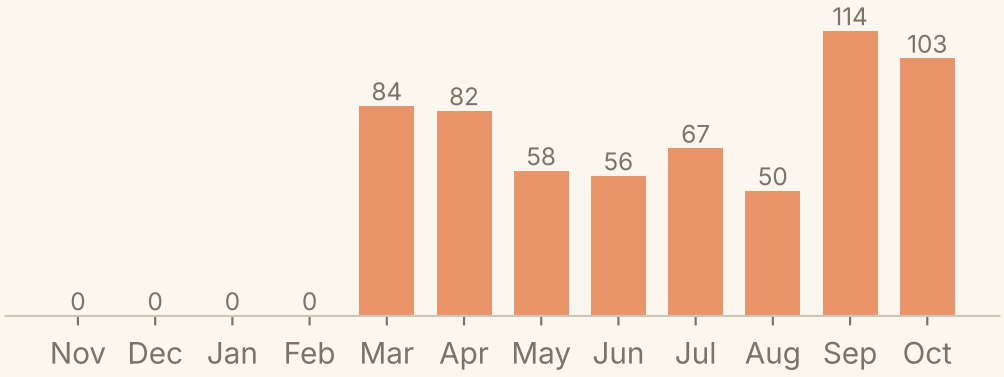




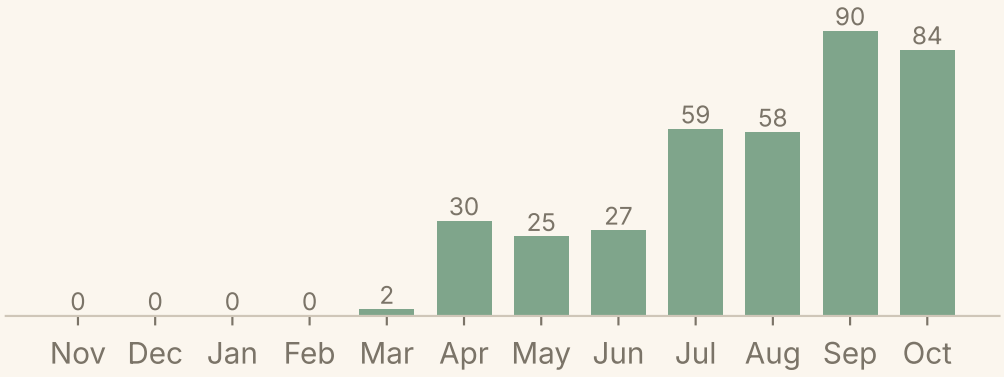


Feeding

Bottle feeds



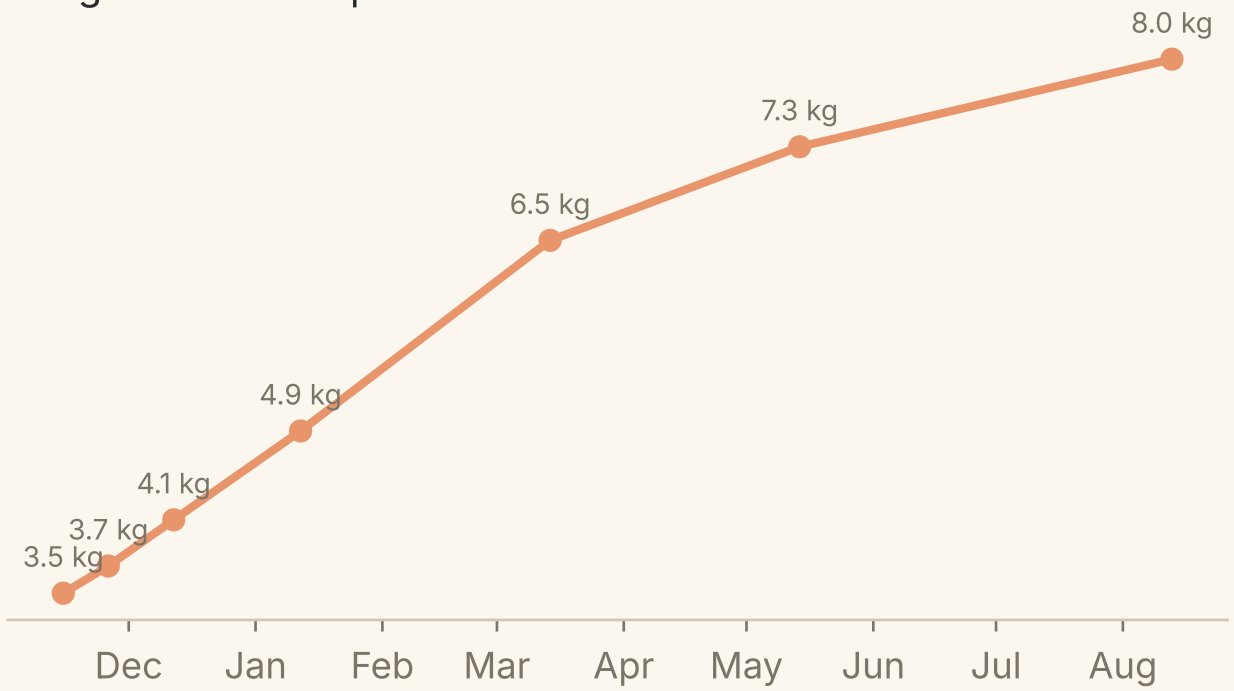
Solids logged



Most-logged foods: Carrot (48), Sweet potato (43), Peas (40), Egg (39), Yogurt (38). Bottle volume logged: 105 litres.

Growing

Weight at check-ups



Check-up	Weight	Length
15 Nov 2025	3.51 kg	50.1 cm
26 Nov 2025	3.74 kg	52.0 cm
12 Dec 2025	4.13 kg	53.3 cm
12 Jan 2026	4.88 kg	57.0 cm
14 Mar 2026	6.49 kg	62.8 cm
14 May 2026	7.28 kg	66.7 cm
13 Aug 2026	8.02 kg	71.0 cm

Firsts

14 Nov 2025	First bath at home
20 Dec 2025	First real smile
15 Jan 2026	First laugh
15 Feb 2026	First time rolling over (tummy to back)
12 Mar 2026	First night sleeping 6 hours straight
11 Apr 2026	First taste of solids: avocado
6 May 2026	First time sitting up unsupported
27 May 2026	First tooth
28 Jun 2026	First crawl
1 Aug 2026	First word: "dada"
29 Aug 2026	First time pulling up to stand
26 Sep 2026	First steps (three!)
18 Oct 2026	First haircut
5 Nov 2026	First "mama"

Months 1–4

Month 1 Nov 2025

12.2 h of sleep per logged day · 109 naps · 261 feeds

Firsts: First bath at home

Month 2 Dec 2025

13.9 h of sleep per logged day · 137 naps · 292 feeds

Firsts: First real smile

Month 3 Jan 2026

12.4 h of sleep per logged day · 106 naps · 261 feeds

Firsts: First laugh

Month 4 Feb 2026

13.3 h of sleep per logged day · 96 naps · 237 feeds

Firsts: First time rolling over (tummy to back); First night sleeping 6 hours straight

Months 5–8

Month 5 Mar 2026

12.6 h of sleep per logged day · 80 naps · 212 feeds · 2 solids

Firsts: First taste of solids: avocado

Month 6 Apr 2026

13.0 h of sleep per logged day · 83 naps · 210 feeds · 30 solids

Firsts: First time sitting up unsupported

Month 7 May 2026

11.1 h of sleep per logged day · 52 naps · 144 feeds · 25 solids

Firsts: First tooth

Month 8 Jun 2026

11.9 h of sleep per logged day · 56 naps · 125 feeds · 27 solids

Firsts: First crawl

Months 9–12

Month 9 Jul 2026

13.0 h of sleep per logged day · 55 naps · 143 feeds · 59 solids

Firsts: First word: "dada"

Month 10 Aug 2026

12.9 h of sleep per logged day · 53 naps · 108 feeds · 58 solids

Firsts: First time pulling up to stand

Month 11 Sep 2026

13.0 h of sleep per logged day · 56 naps · 114 feeds · 90 solids

Firsts: First steps (three!)

Month 12 Oct 2026

12.8 h of sleep per logged day · 49 naps · 103 feeds · 84 solids

Firsts: First haircut; First "mama"

Rowan C.

The first year, as it was logged.

A real almanac is built only from the export you send, after we check its columns. If we cannot read your file, the deposit is refunded.

firstyearalmanac.com