SAMPLE. Rowan C. is an invented child. Every number here comes from a synthetic file generated in the same column format as a Huckleberry CSV export (Type, Start, End, Duration, Start Condition, Start Location, End Condition, Notes). It is not a real export and not a real baby.

FIRST YEAR ALMANAC

Rowan C.

12 Nov 2025 — 11 Nov 2026

342 NIGHTS LOGGED

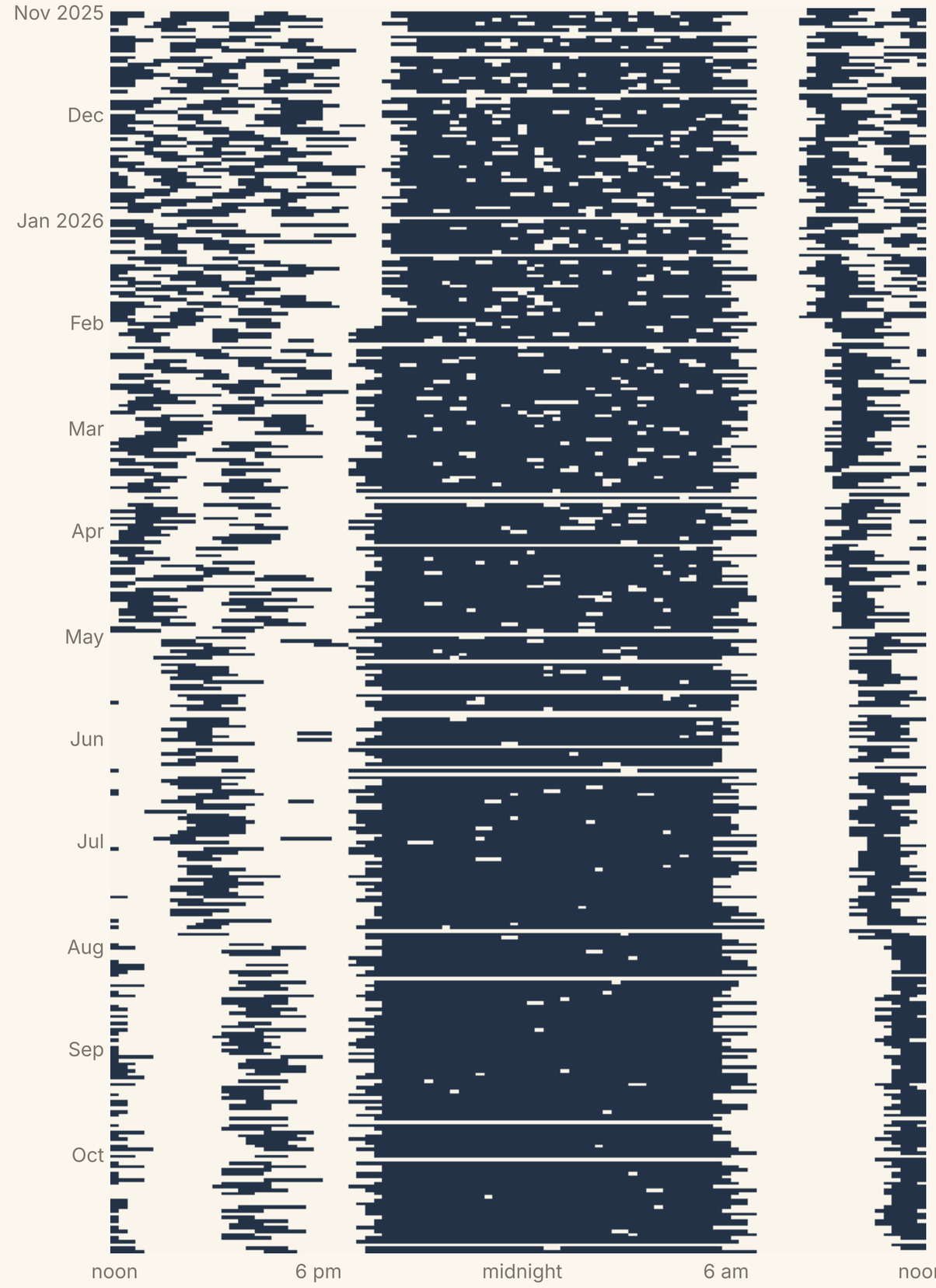
932 NAPS

2,210 FEEDS

14 FIRSTS NOTED

Every sleep of the year

One row per day, noon to noon. Dark is asleep.



Firsts

14 Nov 2025
First bath at home

20 Dec 2025
First real smile

15 Jan 2026
First laugh

15 Feb 2026
First time rolling over (tummy to back)

12 Mar 2026
First night sleeping 6 hours straight

11 Apr 2026
First taste of solids: avocado

6 May 2026
First time sitting up unsupported

27 May 2026
First tooth

28 Jun 2026
First crawl

1 Aug 2026
First word: "dada"

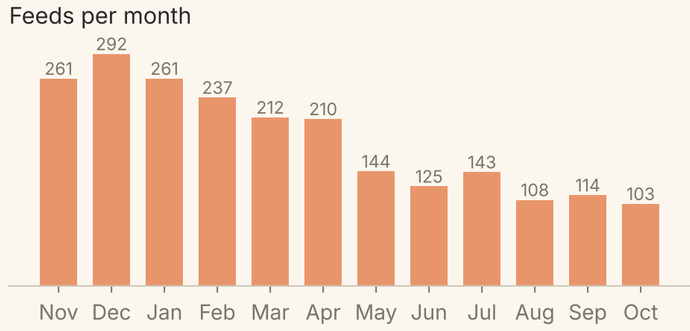
29 Aug 2026
First time pulling up to stand

26 Sep 2026
First steps (three!)

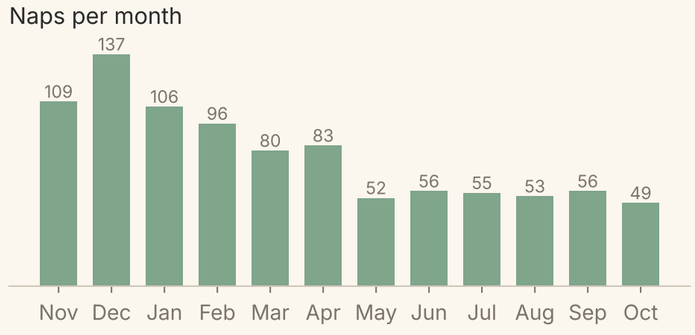
18 Oct 2026
First haircut

5 Nov 2026
First "mama"

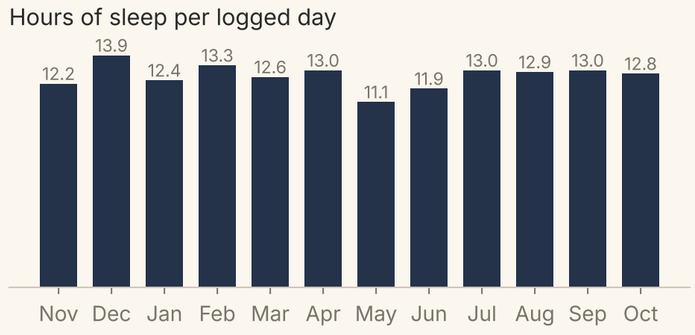
Feeds per month



Naps per month



Hours of sleep per logged day



Weight at check-ups

